

#### **Mission Statement:**

Straight Street Recovery Homes were founded by a recovering addict who has first-hand experience in regards to recovery. Our Mission is to provide a community based, faith-led, structured and supportive residential recovery housing environment for those in recovery from addiction with an emphasis on relapse prevention and reintegration back into society.

## **Community Standards**

#### 1. Program Fees & Entry Fee

A one-time administrative fee of \$300 and one week program fee (\$125) is due before the person applying can be admitted into the recovery residence.

- The administration fee is non-refundable
- There may be grants available to cover residence fees for qualified residents.
- The recovery residence fee can be paid by money order made out to Straight Street inc. or credit card by phone to Tina or Dave. It is the resident's responsibility to get a receipt, if desired, to verify payment.
- All residents are subject to community and personal fines for breaking community standards.
- All fees must be paid by the resident in the form of a money order.

It is the residents responsibility to keep up with all fees. By agreeing to the community standards you understand that if unable to maintain fees you will be asked to remove yourself from the residence.

#### 2. Drug & Alcohol Use

There are no illicit drugs allowed on or off of the recovery residence. Residents will voluntarily submit to random breathalyzer alcohol and drug tests.

• By agreeing to the community standards you understand that drug and alcohol use directly contradicts the purpose of the recovery residence.

• This is a recovery housing program. Any conversation, behavior, or items that do not line up with this goal will not be tolerated as it affects both the individual as well as the entire community as a group of recovering persons.

If the recovery resident is found or admits to use or possession of drugs and or alcohol they will agree that that their own recovery has been affected as well as the entire communities. Therefore they will voluntarily remove themselves from the residence and be given the opportunity to submit to a relapse policy or an alternative pathway for their continued recovery.

## **Relapse Policy**

If a resident relapses or tests positive he will be required to leave the residence for 72 hours and will test clean before re-entering the home. Within the first 24 hours they will be seen by a health professional and will receive clearance to ensure the safety of their health. This can be a detox, rapid crisis unit or emergency room. If a 3 day detox is necessary they will complete it before re-entering residence.

They will then:

- Re-apply and pay the \$300 administration fee to re-enter the recovery residence.
- They will be required to change the location of houses.
- Admit to peers (at the weekly house meeting) that they have relapsed and apologize for putting the health of the community at risk.
- Attend and complete 8 weeks of Relapse Prevention at NRCC
- Program starts over
- Will meet with a CPS weekly to review recovery plan moving forward

## 3. Curfew, Overnights and Quiet Hours

- There will be a 9:00PM curfew set in place for recovery residents. After 30 days of residing in the residence the curfew will be reviewed by senior leadership and a decision will be made to move curfew to 10PM.
- A curfew may be implemented depending on the fines owed or payment agreement put in place by the Straight Street team.
- Each resident will be given one overnight after 1 month and two overnights after 6 months. They are required to fill out an overnight request form and have it turned in at the Sunday 8AM house meeting 1 week prior to the date of overnight . After return the resident will submit to urine analysis and breathalyzer.
- Quiet hours are from 10:00 pm until 7:00 am. No loud music or movies, loud talking, or actions that result in loud noises during this time frame. This ensures respect for the other residents and their sleeping schedules.
- A fine and drug test will be given to a resident who violates curfew. Not abiding by curfew directly violates community standards.

This community standard is in place to maintain safety and accountability for the individual as well as the recovery residence as a whole. Additional restrictions may be set in place if any of these community standards are broken.

## 4. Work & Employment

All residents are required to find a job of gainful employment which is part of each individual's recovery plan. As a recovery residence we will come together to provide each other opportunities for employment but we also believe it is the individual's responsibility to seek this out.

- Residents will be given 10 business days to secure a job. If they are unable to secure work, they need to talk to senior leadership personally to make arrangements.
- No lounging. If a resident receives financial assistance, disability etc. and not at a day to day job they will need to find a place in the community to serve, visit local libraries, engage in recovery groups and classes, and find prosocial activities to engage in.

## 5. Community Group Attendance

Every week the residents will come together for a mandatory house meeting to review and discuss individual and community health.

- Upon entrance to the program, residents will be given a weekly log sheet to help facilitate accountability and responsibility for each individual as well as a way to cultivate community involvement. This paper will track weekly service/group attendance, chore checklist, and fines.
- Residents are required to attend Freedom City service on Sunday mornings.
- Residents are required to attend two additional groups per week. This can be at the Northside Recovery Center, stipulated out patient or a community approved recovery support meeting.
- Loss or misplacement of the log sheet will result in a fine.
- Residents are required to receive signatures proceeding attendance for verification.

## **Recovery Support group Options include:**

- ★ NA/AA
- ★ Church service
- ★ Outpatient requirement
- ★ Recovery groups/classes
- ★ We also partner with Northside Recovery Community Center with their weekly recovery pathway (Please ask senior leadership for copy of schedule)

Fostering a community of accountability is key to personal growth and long term recovery. If a recovery resident is unable to maintain this responsibility a review will be made and an alternative recovery community replacement may be recommended.

### 6. Transportation/Personal Vehicles

Each resident is responsible for his or her own transportation and personal vehicles.

- Any vehicles kept on the premises must be legally owned by the resident, be up to date on inspection, tagged/registered, insured and well-maintained.
- Residents are not permitted to loan out vehicles to their peers.
- Residents must park in designated park spots (ask Senior leadership where it is ok to park).
- As a community we encourage public transportation and or cycling to and from places of employment, recovery groups and for all personal needs.

## 7. Visitors/House Guests

Only approved guests and visitors will be permitted to enter the recovery residences.

- No overnight guests (male or female). Guests must be approved by the senior resident before arriving on premises.
- All guests will stay in common areas (absolutely no children in personal areas).
- Only approved volunteers can host in house groups and meetings

Maintaining a safe and secure environment should be the residents greatest priority. Knowing who is coming in and out of the residence is detrimental to the security of the house.

#### 8. Personal Cleanliness and Hygiene

Residents must practice and maintain proper personal hygiene in regards to clothing, linens, hair, body, etc. Practicing healthy living habits is key to personal growth. Also this is a community setting where we want to be respectful of others.

- Residents must shower regularly.
- Maintain and keep up with laundry and bed linens.
- Fines may be given for failure to practice good hygiene.

#### 9. Community Chores

All residents will be assigned daily chores by the chore inspector. These chores will ensure the cleanliness of the residence at all times.

- Residents are to complete daily chores assigned to them, timed around their personal work schedule.
- Chores will be assigned on a weekly basis by the chore inspector to keep up with shared responsibilities (vacuuming, sweeping, mopping, dusting, etc.).
- Fines will be given for not having chores completed.
- Common areas (kitchen, bathrooms, living room) are the responsibility of all residents. You are required to clean up after yourself. This includes washing your own dishes and cleaning up after cooking.
- Fines will be given for dirty dishes left in the sink (if no one claims a dirty dish the whole house can be fined).

This is a community environment where we want to work together to keep our residence clean and sanitary. Coming together as a community and each of us doing our part is key to healthy living. <u>Chronic issues of cleanliness and not doing chores will</u> <u>result in consequences up to and including discharge.</u>

#### 10. Personal Areas/Room Inspections

Room inspections will be conducted on a regular basis by the senior resident and or housing manager. As a community we want to be respectful of everyone's space.

- A resident may fail one room inspection without being fined. After the first inspection, a fine may be given.
- Room inspection will consist of making sure the following is completed daily:
  - 1. Bed must be made.
  - 2. Floors must be vacuumed or swept and mopped.
  - 3. Clothes must be washed regularly and organized.
  - 4. Personal items kept organized and secure.
  - 5. Minimal personal items in living area
- No flame candles or open burning flame allowed in homes, including bedrooms.
- No outward facing objects visible from the window to the outside (flags, posters, signs).
- Décor in rooms must not be explicit or illicit in image or wording. Senior residents have the right to make the final call on what is appropriate or not.

No visitors allowed in resident rooms. No resident may change rooms or bed assignments unless instructed by a senior resident. If your living space is chronically messy you will be given a warning and a fine. Three warnings and a review and or decision may be considered for an alternative placement in a different program.

#### **11. Emergency Contact**

- All residents are required to have two emergency contacts on file in case of a medical emergency. Medical form must be completed upon intake.
- Please inform senior residents of any changes to emergency contacts.
- In the case of a personal emergency it is the residents responsibility to practice communication with the senior resident.

#### 12. Orientation and Handbook

All residents are required to attend orientation as scheduled by the program manager. Senior residents will inform you of the date and time.

• Must sign and complete the intake packet and community standards upon attendance of orientation.

#### 13. Right to Search

If there is reasonable cause to believe that a resident has contents in a room/vehicle on premises that are inconsistent with our stated standards and policies, senior residents or staff may conduct a search, confiscate the contraband, and prepare judicial proceedings. If an illegal substance is found, we will call Springfield Police and ask them to remove the item/s from our property. Any subsequent police investigations are subject to city/state laws.

- All residents are subject to search of their property at anytime
- By signing this paper I give program staff and senior residents permission to search my property.

#### 14. Common Areas

All residents must respect the common areas of the residence by the following.

- Keep personal property secure
- Clean up after use of any devices, computer area, appliances etc.
- Smoke in designated areas only
- Clean bathrooms and kitchen after use (no person items are to be kept in bathrooms)

By coming together as a community we should always be respectful of others. We should always take the initiative of ownership over the basic needs of where we live. Don't be quick to shift blame or point the finger but we should be quick to come together to solve the problem.

#### **15. Sexual Misconduct**

Sexual misconduct is defined as kissing, inappropriate touching or hugging, inappropriate verbal suggestions, fondling, and/or sexual involvement in any manner with any other person in the program or anywhere on the property. Coupling is also prohibited, and includes the above, as well as spending too much time, focus and energy on one particular person. If it appears that there is coupling occurring, one or both individuals may be asked to leave. There will be no public display of affection anywhere on the property. There is absolutely no forming any relationship between residents of the mens and womens program. This results in automatic discharge!

# Acknowledgement of Community Standards

l,	(print name), do agree to abide by these	
community standards while	living at Straight Street Inc. I understand that by not	
following these standards I o	can be immediately dismissed from the residence.	
Printed name:		
Signature:		_

Date:	